

Jason Paul Grant-Rowles

Education:

- 2028 PhD Psychology, King's College London.
- 2024 Career Development Fellowship, University College London.
- 2020 Pathways to Success Leadership Programme, Magdalen College, University of Oxford.
- 2016 MRES Criminology, University of Glasgow.
- 2010 MA Broadcast Journalism, City University London.
- 2009 BA (Hons) Media and Communications, Goldsmiths College, University of London.

Current employment:

- 2025 – 2028 NIHR Maudsley Biomedical Research Centre Doctoral Researcher at the Institute of Psychiatry, Psychology, and Neuroscience (IoPPN) exploring how to improve informed consent within schizophrenia research.

Previous employment:

- 2023 – 2026 Trauma Informed Collaborative Lived Experience Practitioner, North London NHS Foundation Trust.
- 2023 – 2025 Patient and Public Involvement (PPI) Lead, Mental Health Implementation Network (MHIN).
- 2020 – 2025 Patient Representative, Royal College of Psychiatrists.
- 2022 – 2025 Senior Peer Coach, Camden and Islington NHS Foundation Trust.
- 2020 – 2022 Peer Support Worker, Sussex Partnership NHS Foundation Trust.
- 2019 – 2021 Research Associate, University of Manchester.
- 2017 – 2019 Mental Health Community Partner, Department for Work and Pensions.
- 2012 – 2017 Storyteller and Facilitator, The Forgiveness Project.
- 2008 – 2012 Freelance Broadcast Journalist, various media organisations including BBC, Guardian Media Group, and Global.
- 2005 – 2008 Outreach Project Officer, Open Book, Goldsmiths College, University of London.

Research Panels:

- 2021 – 2026 Lived Experience Advisory Panel (LEAP), Kings College London.
- 2023 – 2025 Multi Morbidity Theme Public Research Panel, Oxford Biomedical Research Centre.
- 2024 – 2025 LEAP, University of Sheffield.
- 2024 – 2025 LEAP, City St George's, University of London.
- 2023 – 2024 LEAP, Cambridgeshire and Peterborough NHS Foundation Trust.
- 2022 – 2025 Trial Steering Committee, University of Manchester.
- 2022 – 2024 Trial Steering Committee, Sussex Partnership NHS Foundation Trust.

Advisory Positions:

- 2026 – 2028 Lived Experience Advisory Board, Wellcome Prize for Mental Health Science with Nature.
- 2023 – 2026 Scientific Advisory Board, International Brain Research Organisation.
- 2020 – 2026 Public Advisory Board, National Institute of Health Research, Applied Research Collaborative for Kent, Surrey, Sussex.
- 2024 – 2026 Mindset XR, Health Innovation Network South London.
- 2020 – 2024 Lived Experience Advisory Board, Healthy Brains Global Initiatives.
- 2021 – 2024 Equally Well, Rethink Mental Illness and Centre for Mental Health.
- 2019 – 2023 University College London's Institute for Mental Health.
- 2019 – 2021 Time to Change, Mind and Rethink Mental Illness.

Funding Committees:

- 2024 – 2025 Organising Committee Member for the Health Studies Doctoral Training Centre Research Symposium.
- 2023 – 2024 Lived Experience Reviewer for UKRI Arts and Humanities Research Council.
- 2024 UCL Institute of Mental Health's Public Engagement Awards Selection Panel.
- 2023 Lived Experience Expert of MQ Mental Health Research and Wellcome's Transdisciplinary Research Grants.

Professional Development:

- 2025 NIHR Academy Members Conference, Leeds.
- 2025 Writing and Publishing a Scientific Paper, King's College London.
- 2025 Psychosocial Interventions and Lived Experience, Aarhus University.
- 2024 Leadership and Professional Development, King's College London.
- 2024 Presenting and Networking, School of African and Oriental Studies.
- 2023 Overcoming Presentation Anxiety, London School of Economics.

Awards:

- 2023 Refocus on Recovery International Conference, Best poster prize.
- 2020 The British Psychology Society, Division of Clinical Psychology Annual Conference, Best poster prize.
- 2011 City University London, Volunteering England Gold Award in Leadership.
- 2009 The Guardian Foundation, Scott Trust Bursary.
- 2007 Frank Longford Charitable Trust, The Longford Scholarship.
- 2006 Goldsmiths College, University of London, Award for Academic Excellence.

Conference presentations:

- Grant-Rowles, J. (June 2026) *Informed Consent in Schizophrenia Research (poster)*. Empower Conference, Imperial College London.
- Grant-Rowles, J. (October 2025) *Embedding Lived Experience*. Mindset-XR Innovator Support Programme Roadshow, Science Gallery, London.
- Grant-Rowles, J. (August 2025) *Informed Consent in Schizophrenia Research*. Lived Experience Summer School at Aarhus University, Denmark.
- Grant-Rowles, J. (June 2025) *Informed Consent in Schizophrenia Research (poster)*. Circle U Summer School at Universite Paris Cite, France.
- Grant-Rowles, J. (February 2025) *How to Work with the Public*. Public Mental Health Conference at The Royal College of Psychiatrists, London.
- Grant-Rowles, J. (October 2024) *Introduction to Patient and Public Involvement*. Mental Health Implementation Network Conference at King's College London.
- Grant-Rowles, J. (September 2024) *Fellowship Panel*. Mental Health for All Conference at Bloomsbury, London.

Grant-Rowles, J. (August 2024) *Lived Experience Expertise in Mental Health*. University of Oxford Philosophy of the Mind Summer School at St Hilda's College, Oxford.

Grant-Rowles, J. (June 2024) *Lived Experience Involvement in Research*. North London Mental Health Partnership's Inaugural Research Strategy Conference at Francis Crick Institute, London.

Grant-Rowles, J. (May 2024) *Understanding Peer Coaching*. Community of Excellence Peer Practitioners Conference at Friends House London.

Grant-Rowles, J. (April 2024) *Becoming a Trauma Informed Organisation*. International Quality Improvement Conference at Excel Centre, London.

Grant-Rowles, J. (December 2023) *Fellowship Panel Discussion*. Mental Health for All programme, University College London.

Grant-Rowles, J. (June 2023) *Exploring my Lived Experience*. Elizabeth Garrett Anderson Senior Leadership Apprentice Programme, London.

Grant-Rowles, J. (May 2023) *Finding Meaning after Psychosis*. The Royal College of Psychiatrists (RCPsych) Eastern Division Conference, Cambridge.

Grant-Rowles, J. (January 2023) *A mental health patient story*. Nye Bevan Executive Healthcare Leadership Programme, Leeds.

Trustee Boards:

2023 – 2026 Criminal Justice Alliance

2020 – 2023 The Stability Network

2017 – 2021 The Frank Longford Charitable Trust

2013 – 2017 Media for Development

2012 – 2015 Theatre Peckham